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# **Spiritual Bootcamp**

#### Session 4: Prayer

Everyone engages in prayer at one time or another. Even that person who says "I don't believe in God," cries out when the crisis looms, "Oh God, help me!" We are all acquainted with prayer to some extent or another. Prayer is one of the greatest privileges God has given man. We can come into the presence of God, the Creator of this universe, and talk with Him. And what's more, He always listens!

Effective Prayer Life (Chuck Smith) - Page 43

## Prayer

- 1. What is Prayer?
- 2. Who should pray?

Psalms 32:6

3. To whom should we pray?

Matthew 6:6,9

4. What should we pray for, and about?

Philippians 4:6

Matthew 6:10

Matthew 9:38

2 Thessalonians 3:1

James 5:13-16

Ephesians 3:14-19

# 5. Where should we pray?

1 Corinthians 1:2

Luke 19:46

Matthew 6:6

## 6. When should we pray?

Luke 18:1

1 Thessalonians 5:17

1 Thessalonians 3:10

Psalm 61:2

### 7. Why pray?

Luke 22:40

Ephesians 6:10-12

Ephesians 3:20

John 15:5

Hebrews 4:14-16

## 8. How should we pray?

Romans 8:26

1 John 5:14

### 9. Hindrances to prayer:

Isaiah 59:2

1 Peter 3:7

James 1:6-8

Luke 18:9-14

#### Note:

An excellent formula to help you in your prayer life is the A.C.T.S. acronym.

A=Adoration ... Take time to worship God, praise Him.

C=Confession ... Confess all known sin so your prayers won't be hindered.

T=Thanksgiving ... Thank God for all he has already done in your life, and is currently doing.

S=Supplication ... Pray specifically for your need.

**Notes/Questions** 

# Assignments:

Read Ephesians 1:15-23 and 3:14-21, memorize James 5:16, and pray for one another.